



REQUEST FOR APPLICATIONS

MOTHERS LEADING SCIENCE 2022-2023

Mothers Leading Science (MLS) is a year-long leadership development program for research-intensive faculty in the health sciences who identify as mothers of school age and/or young children.

The purpose of this program is to foster professional and personal growth, provide peer mentoring, integrate the dual roles of scientist and mother, develop future institutional leaders, and build a network of peers for ongoing support throughout their careers. See program plan for scheduling details.

Benefits

Dedicated programming and facilitation, peer support and connection, networking, resilience and leadership training, and annual retreats. There is no cost to participate in this program.

Program Details

Cohort size: 8-12

Length: 1-year formal programming, followed by annual retreat and consultation

Curriculum: Brené Brown's *Dare to Lead*[™] leadership training program, various topical articles, book chapters, TED talks, and podcasts. The goal is to keep pre-work modest and the conversations vital.

Diversity and Inclusion

Priority will be given to current and former **ICRE KL2** and **CEED Scholars**. We would also like to specifically invite persons to apply from **backgrounds often excluded from scientific careers** (e.g., persons excluded based on ethnicity and race, individuals with disabilities, individuals who identify as LGBTQIA, first generation college students, and other backgrounds recognized as excluded by the NIH).

We want to create **an inclusive space for all mothers in science on campus**. We welcome participation from anyone regardless of gender identity who identifies as a "mother"; however, we want to note that we do explore the relationship between motherhood and womanhood specifically in this program. If you have any questions about whether this program may fit your needs as a mother, please contact the **Program Coordinator, Ginger White, at giw7@pitt.edu** for more information.



Scholar Application Process

Now Accepting applications for the 2022-2023 Cohort.

[Submit your application](#) by April 30, 2022, by midnight, with the following information to be considered for this cohort:

Eligibility

- ◇ Faculty appointment
- ◇ Health sciences research-intensive (must have $\geq 50\%$ protected research time)
- ◇ Mother of school-age and/or younger child(ren) living in the home at least 50% of the time
- ◇ Must be able to commit to year-long program and attend, at a minimum, the retreat and 75% of meetings
- ◇ Strong interest in professional, personal, and leadership development
- ◇ Open to giving and receiving peer support
- ◇ Willing to participate in all program evaluation efforts

Application Components

- ◇ Demographic and faculty appointment information
- ◇ Updated curriculum vitae
- ◇ Four short required statements plus a fifth optional statement each <250 words:
 - Explaining your motivation for joining this program
 - Describing your current research career plans
 - Describing past professional and personal development activities
 - Describing a difficult challenge you are facing currently and how this program would be helpful
 - (Optional) Describing additional caregiving responsibilities or extenuating circumstances that add significant stress to your life (e.g. child with special needs, ill parent, single parent status)

Program Plan 2022–2023

Meeting Time	Event Content
June	Two-hour kickoff meeting
June–August	Two meetings monthly, 60 min each
Between August–September (TBD)	Two-day Retreat: Brené Brown <i>Dare to Lead™ (DTL)</i>
September–May	One meeting monthly, 90 min

Evaluation and self-assessment throughout

