PITT PUBLIC HEALTH'S ANNUAL

PRACTICUM/INTERNSHIP & RESEARCH EXPERIENCE SYMPOSIUM

DECEMBER 8, 2017
SCHEDULE OF EVENTS

A115 CRABTREE HALL

9:30-9:40: Welcome
9:40-10:32: Practicum & Internship Opportunities
10:33-10:40: Break
10:40-11:15: Agency Panel
11:15-11:20: Break
11:20-11:55: Student Panel

PARRAN HALL, COMMONS AREA

12-1:15: Networking Mixer
WELCOME & INTRODUCTION

Eleanor Feingold, Senior Associate Dean
PRACTICUM & INTERNSHIP OPPORTUNITIES

- Thistle Elias, DrPH- Bridging the Gaps
- Jamie Sokol, MPH- Allegheny County Health Department & Pittsburgh Summer Institute
- Gerry Barron, MPH- Center for Public Health Practice
- Meredith Mavero, MEd- Center for Global Health
- Elizabeth Rodgers, PhD, MPH- Gateway Health
- Marnie Schilken, MPH- Greater Pittsburgh Community Food Bank
TIPS FOR IDENTIFYING OPPORTUNITIES

Thistle Elias, DrPH
BRIDGING THE GAPS
Thistle Elias, DrPH
Director
Bridging the Gaps—
Pittsburgh
2017

Program Directors: Thistle Elias, DrPH and Joan Harvey, MD
Program Admin Interns: Jessica Thompson, MEd, PhD student
Rachel Goldberger, MSW/MPH student
Program Admin: Summer Rae-Haston
18 students from the University of Pittsburgh:

- **Participating schools:**
  - School of Pharmacy (5 students)
  - School of Medicine (2 students)
  - School of Public Health (3 students)
  - School of Nursing (3 students)
  - School of Social Work (5 students)

- **Internship sites:**
  - 4 summer day camps
  - 2 homeless programs
  - 1 food pantry program
  - 1 Early Head Start program
  - 1 refugee services program
Weekly reflective Sessions

- Guest speakers on issues that go across all of the populations served
  - E.g. affordable housing, mental health, health inequities, community violence
- Skill building: health literacy, cultural humility, oral health
- Time for discussion, sharing ideas and experiences, teaching peers about perspectives across disciplines
Weekly reflective Sessions deepened interns’ understanding of:

- Social determinants of health
- Health literacy
  - included training for developing appropriate health education materials
- Healthcare access, treatment and outcome differences for vulnerable populations
- Harm reduction philosophy and needle exchange programs
- Community violence as public health and health equity issues
- Community redevelopment – impact of gentrification
Experiential Poverty Exercise
A didactic and experiential day on the state of U.S. poverty

- A day-long workshop: realities of budgeting at the margins and decision-making, as families at and below the poverty level
- “Life events” built into the exercise: problem-solve, identify resources and gain empathy for the realities of the vulnerable populations
Product Summary
All student projects must result in a tangible product to stay with the host site

- **Final products developed for community sites’ staff and clients**
  - Resource guides and manuals for staff on community resources, including an interactive housing and resource map as well as a guide for post-secondary opportunities
  - Curricula for: resume building, interview skills, time and money management; bully prevention and conflict resolution; and mental health care
  - On-site health and education activities for families and children at housing sites
  - Healthy food and recipe cards for childcare settings
  - Intergenerational program to engage seniors and youth

- **Oral health education conducted and products distributed at all community sites.**
  - Over 500 toothbrushes, tooth paste and floss sets to all organization consumers
  - Denture cleaner and adhesive for seniors at associated food pantries and lunch programs
Taking Care of Your Mental Health Curriculum

Stefanie Marsh, School of Social Work
Todd McLaughlin, School of Medicine

Community Mentors:
Karen Upsher
JoAnn English

Faculty Mentor:
Dr. Rachel Fusco
Feels Like Home: Resources for the Children and Staff

Michael Hess, School of Social Work
William Louth, Graduate School of Public Health

Community Mentor: Brandi Harrison, MS
Faculty Mentors: Dr. Thuy Bui, Dr. Thistle Elias
Stand Up. Speak Up. Curriculum

Jamie Piotrowski, School of Social Work
S. Michelle Watson, Graduate School of Public Health

Community Mentor:
Tamera Stafford

Faculty Mentor:
Dr. Elizabeth Miller
Resource Guide
for Housing Advocates and Clients

Jessica Hessler, School of Social Work & School of Public Health
Alexandria Taylor, School of Pharmacy

Community Mentor:
Dr. Sharon Higginbothan

Faculty Mentor:
Dr. Martha Ann Terry
COTRAIC
Early Head Start

Improving Nutrition
of Pregnant Women and Children Ages 0-3

Funto Babalola, School of Pharmacy
Elizabeth Baca, School of Nursing

Community Mentors:
Pam Dickinson, BS
Deborah Gallagher, MEd

Faculty Mentor:
Dr. Tracy Soska
Funto states:

“Bridging the Gaps has opened my eyes to various communities in Pittsburgh and social issues that affect the lives of families throughout the United States. My time with Early Head Start has taught me about the difference that can be made through supporting and educating parents through their child’s development… I am certain that the information that I learned and the experiences that I had this summer will positively influence my future practice as a pharmacist.”

Liz states:

“Working with Early Head Start has given me a whole new perspective of health inequities that I had not seen in nursing school…”
Assembly of the Ages
Program

Lan Pham, School of Nursing
Amy Zahn, School of Pharmacy

Community Mentor: Laura Kelley, MSW
Faculty Mentor: Dr. Todd Bear
Post-Secondary Pathways Curriculum

Dylan McNulty, School of Pharmacy
Janelle Kemerer, School of Social Work

Community Mentor:  
Casey Rich, MA

Faculty Mentor:  
Dr. Anne Mitchell
Adulting 101
Curriculum

Alexander Snyder, School of Pharmacy
Danielle Tyler, School of Nursing

Community Mentor: Jessica Gumbert
Faculty Mentor: Dr. Sharon E. Connor
Resource Guide
for the Community of Hazelwood

Jeff Mortenson, School of Medicine
Sam Wendel, School of Social Work

Community Mentor
Joy Cannon, BA

Faculty Mentor
Dr. Thistle Elias
ALLEGHENY COUNTY HEALTH DEPARTMENT

Jamie Sokol, MPH
Public Health Administrator
CENTER FOR PUBLIC HEALTH PRACTICE

Gerry Barron, MPH
Deputy Director
Pennsylvania Department of Health
Internship/Practicum Opportunities
How to Find the Opportunities

Go the Department’s web page at:

www.health.pa.gov

In the search box in the top right type in internship and press enter.
Click on “Internship” (first choice)
Review the opportunities listed and follow the directions for applying
GLOBAL OPPORTUNITIES

Meredith Mavero, MEd
Manager of Student Programs,
Center for Global Health
GLOBAL HEALTH PRACTICUM
INFORMATION SESSION

January 17, 2018
Presented by Joanne Russell, MPPM,
Center for Global Health Director
COMMON ACTIVITIES

- Research
- Public health intervention
- Health needs assessments
- Health education
- Program implementation or evaluation
LOCATING OPPORTUNITIES

- 2017-2018 Global Health Student Field Opportunities
- Sign up for Center for Global Health Updates
  - [www.publichealth.pitt.edu/cgh](http://www.publichealth.pitt.edu/cgh)
- Faculty at Pitt Public Health or Pitt Health Science Schools
- Check with students who’ve done an international practicum
PITT FUNDING

- Nationality Rooms Scholarships (http://www.nationalityrooms.pitt.edu/funding/grad) – Due Jan. 18
- Center for Global Health: Global Health Travel Scholarships (www.publichealth.pitt.edu/cgh) – Due Feb. 9
- Global Health Student Association Travel Scholarship – Due Mar. 16
- Pitt Public Health Department
- Students in joint degree programs should also check with the other school
- UCIS: International Studies Fund (http://www.ucis.pitt.edu/main/isf) – Due Mar. 15
- Women’s Studies: Student Research Fund (www.wstudies.pitt.edu/students/research-fund-0) – Due Feb. 1
EXTERNAL FUNDING

- The host organization
- Local organizations (in Pittsburgh and your hometown)
- Corporations
- Professional membership organizations
- Social media
CONTACT INFORMATION

Meredith Mavero
Manager of Student Programs

Center for Global Health
A310 Crabtree Hall
mlm72@pitt.edu
412-624-6904
GATEWAY HEALTH

Elizabeth Rodgers, PhD, MPH
Health Services Researcher - Population Health Strategies
GREATER PITTSBURGH COMMUNITY FOOD BANK

Marnie Schilken, MPH
Chief Impact Officer
GSPH internship positions

January – August 2018
What we do

• **Mission**
  • Our mission is to feed people in need and mobilize the community to end hunger.

• **Vision**
  • Our vision is a hunger-free southwestern Pennsylvania
Service Area

Allegheny
Armstrong
Beaver
Butler
Cambria
Fayette
Greene
Indiana
Lawrence
Somerset
Washington
Definition
Today the universal definition of “food security”, accepted by the highest level of global governance on food security, the Committee on World Food Security (CFS), describes it as a situation where “all people, at all times, have physical and economic access to sufficient, safe and nutritious food to meet their dietary needs and food preferences for an active healthy life”.

Dimensions
Three food security dimensions — availability, access and utilization – are hierarchical in nature: food availability is necessary but not sufficient for access, and access is necessary but not sufficient for utilization. However, all three dimensions depend on stable availability, access to food supplies and the resources to acquire adequate food to meet the nutritional needs of all household members throughout their life cycle.
• Many programs assume 150% FPG or less
• Self-declaration
• Emergent, immediate needs (*short term shocks*)
• Ongoing, month-to-month needs (*long term need*)

Annual 2017 Poverty Guidelines for the 48 Contiguous States

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<th>50%</th>
<th>75%</th>
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<th>200%</th>
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<th>250%</th>
<th>275%</th>
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Our 3 Projects

• These projects are focused on at least one, or more, of the three dimensions of food security:
  • Availability
  • Access
  • Utilization
Problem:

There are various tools and methodologies used to determine rates of food insecurity:
- Map the Meal gap
- Missing Meals Index
- Food Scarcity Index

What we need:

To refine the methodologies by including more factors that we know impact food insecurity, such as:
- food deserts
- lack of SNAP access/retailers
- high medical costs
- transportation options
- increasing renters in home owner dwellings
- childcare deserts, etc.
• **Problem:**
  • Food Bank does not have standardized maps about the individuals we serve, the agencies with whom we collaborate, other social service agencies in the areas, demographic information, and more.

• **What we need:**
  • A series of maps that visually express the range of factors that contribute to food insecurity, as well as other population-based characteristics
  • Ideally, a “master map” will be created from which details can be dropped or added to visually express more targeted mapping as needed.
• **Problem:**
  - We have some, but limited insight, about how the individuals we serve think about and define “nutritious diet”, identify and confront barriers to food security, receive nutrition services, etc.

• **What we need:**
  - Assist the Director of Health & Wellness to conduct a thorough survey of individuals seeking food assistance, as well as the volunteers who serve those individuals, throughout the Food Bank’s 11-county service area
  - Analyze data, identify findings and communicate recommendations that could improve or change the Food Bank’s programming
BREAK
10:33-10:40am
AGENCY PANEL WITH Pitt PUBLIC HEALTH ALUMNA

- Ashley Chung, MPH- Jewish Healthcare Foundation
- Jamie Sokol, MPH- Allegheny County Health Department
- Lisa Kessler, MPH- Allegheny County Department of Human Services
- Brandon Cicero, MPH- UPMC Family Hospice and Palliative Care
STUDENT PANEL

- Katie Sives, BCHS- PanAmerican Health Organization (PAHO)
- Fiona Gao, BCHS & EOH Risk Assessment Certificate - Pittsburgh Summer Institute
- Matt Loiacono, BIOST - Sanofi
- Ashley Sier, EPIDEM - US Food and Drug Administration (FDA)
- Chantel Bonner, HUGEN - University of Pittsburgh, School of Dental Medicine, Center for the Craniofacial and Dental Genetics
- Ruhee Jain, IDM - Johnson & Johnson
TELL US WHAT YOU THINK!

Complete the short survey at tinyurl.com/y8dbhlan & enter to win a copy of this year's OneBook!
Save the date!

PROFESSIONALISM & MAKING THE MOST OF YOUR INTERNSHIP

Tuesday, April 10 | 12-1 pm | A521 Crabtree

REGISTER:
Pitt Bridges (www.pittbridges.pitt.edu) under Events > Workshops