

**DEPARTMENT OF EPIDEMIOLOGY 2019 SPRING SEMINAR**

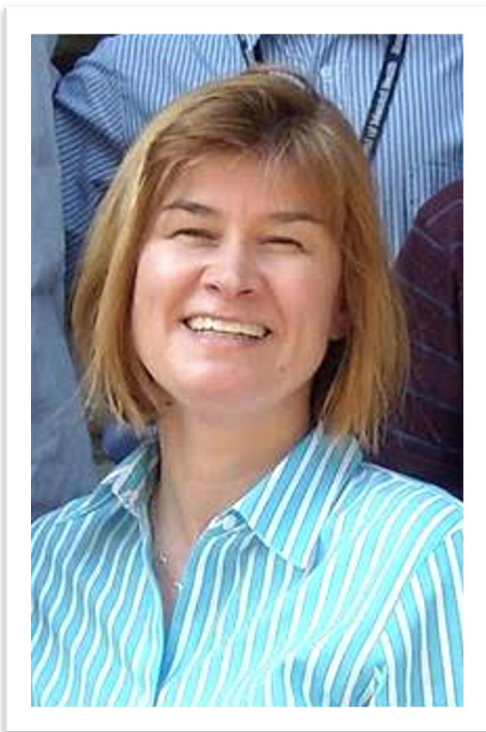
**Thursday, March 7**

**12:00 — 12:55 pm , G23 Public Health Auditorium**

**Move the Body, Feed the Brain**

**Michelle C. Carlson, PhD**

Professor, Depts. of Mental Health and Epidemiology,  
Center on Aging and Health, Bloomberg School of Public Health,  
Johns Hopkins University



Dr. Carlson examines the relationships between modifiable lifestyle and vascular risk factors and risk for age-related cognitive and functional declines and Alzheimer's disease. She is the project leader on the Baltimore Experience Corps Trial (BECT) program project that evaluated the impact of volunteer service in elementary schools on older adults' cognitive, functional, and brain health.